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August 25, 2009

FOR IMMEDIATE RELEASE

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Hauber Named Iowa Games 2009 Marty McHone Female Athlete of the Year

Ames, IA – Cindy Hauber of Ames has been named the Iowa Games 2009 Marty McHone Female Athlete of the Year. She will be presented her award on Wednesday, September 16 at 7:00 pm at White Oak Vineyards Iowa near Cambridge at the annual Iowa Sports Foundation sponsorship reception.

Hauber has competed in the Iowa Games for 21 of the 23 years in numerous sports. Her main sport is swimming where she has collected over 100 Iowa Games medals. At the 2009 Summer Iowa Games, Cindy won Gold in the 500 Freestyle, 50 Backstroke, 200 Individual Medley and 50 Butterfly.

Most recently, Hauber started competing in Triathlons after her co-workers encouraged her to try a new sport. She indicated that her co-workers took their training very seriously, but she did her own training and place second in the 55-59 age division with a time of 1:27.17 at the 2009 Iowa Games Triathlon. In 2008 she participated in the Iowa Games Midnight Madness Road Race, as well as receiving five Gold medals and one Silver medal in the master swimming competition.

Hauber has only missed two Iowa Games since its inaugural year in 1987. She missed the 1991 Summer Games due to her third child being born and in 2000 she faced a set-back when she had a ruptured cerebral aneurysm. Having several complications with the aneurysm, Hauber was determined to get back in the pool and returned to the Iowa Games in 2001.

Outside of the Iowa Games, Cindy works in physical therapy at Mary Greeley Medical Center in Ames. She recently took over coordinating the physical therapy medical volunteers for the Special Olympics state competition in Ames. Hauber feels it is important to give back to the community.

Cindy's commitment and accomplishments in the sport of swimming earned her a place in Iowa Games history as the 2009 Marty McHone Female Athlete of the Year.

The award was re-named in 2003 after long time participant and former Iowa Games Athlete of the Year Marty McHone, who died of cancer in 2002.

On August 25, Cindy was named the 2009 National Congress of State Games (NCSG) Female Athlete of the Year Award. The formal presentation will be made at the NCSG annual symposium and general meeting, being held October 5-7, and hosted by the Iowa Sports Foundation and the Iowa Games.

The National Congress of State Games Athletes of the Year will be honored at a banquet at the Gateway Hotel and Conference Center on Wednesday, October 7.

The Iowa Sports Foundation (ISF) is a nonprofit sports management organization that helps develop amateur sports in Iowa and promotes positive lifestyles and physical fitness through athletic events and health education programs. The ISF host the Summer Iowa Games, Winter Iowa Games, Live Healthy America, Live Healthy Iowa, Live Healthy Iowa Kids, Go The Distance Day, Hoopin' at the Dome, Net Fest, Fish Iowa Games, ISF Mud Run, ISF Flag Football State Championship and Iowa Games Golf Classic.

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