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FOR IMMEDIATE RELEASE

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Former Hawkeye Dwight to Compete in Iowa Games Triathlon

Ames, IA – Former Iowa Hawkeye wide receiver, Tim Dwight, will be competing in the 2008 Summer Iowa Games Triathlon. Dwight, who has been in the National Football League for a decade, will put his skills to a new test in the Iowa Games Triathlon. He will be competing against twenty three other participants in his age division and will be competing against 230 other males for an overall Iowa Games championship.

“Triathlons have always been intriguing to me,” commented Dwight. “I enjoy running, but I am always looking for challenging activities like swimming and cycling. The Iowa Games will be a good introduction into triathlons.”

The Iowa Games Triathlon will be held on Sunday, July 13 at Don Williams Lake in Boone County just north of Ogden. The competition is slated to begin at 8:00 am on the south end of the lake near the dam. Over 360 athletes will be testing the waters and roadways in the Iowa Games Triathlon.

The two newest sports of the Iowa Games will also take place this weekend. Handball will be held at Beyer Hall on the campus of Iowa State University beginning July 12, and on-site registrations will be accepted. The Par 3 Golf tournament will be held on the Par 3 Executive Course at Jester Park Golf Course near Granger on Sunday, July 13.

In addition to these sports the following sports will be held throughout the weekend: Wrestling at Guthrie Center High School (July 11-12), Electronic Darts at the Starlite Village Hotel in Fort Dodge (July 12), Midnight Madness Road Race starting at the Ames City Hall (July 12), and the Cycling Tour beginning at the Iowa State Center (July 13). Both the Midnight Madness Road Race and the Cycling Tour will be accepting on-site registrations.

The Iowa Games has events for the whole family, from Finals Fest and the Opening Ceremony to sports for all athletes regardless of age and ability. View all of the Iowa Games sports at www.iowagames.org, and even if you are not competing in the Iowa Games, we encourage spectators at all of the events and admission is free! For more information about Iowa’s largest amateur sports festival, visit www.iowagames.org.

The Iowa Sports Foundation (ISF) is a nonprofit sports management organization that helps develop amateur sports in Iowa and promotes positive lifestyles and physical fitness through athletic events and health education programs. The ISF hosts the Summer Iowa Games, Winter Iowa Games, Live Healthy America, Live Healthy Iowa, Go The Distance, Go The Distance Day, Hoopin’ at the Dome, Net Fest, Fish Iowa Games, and the Iowa Games Golf Classic.

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